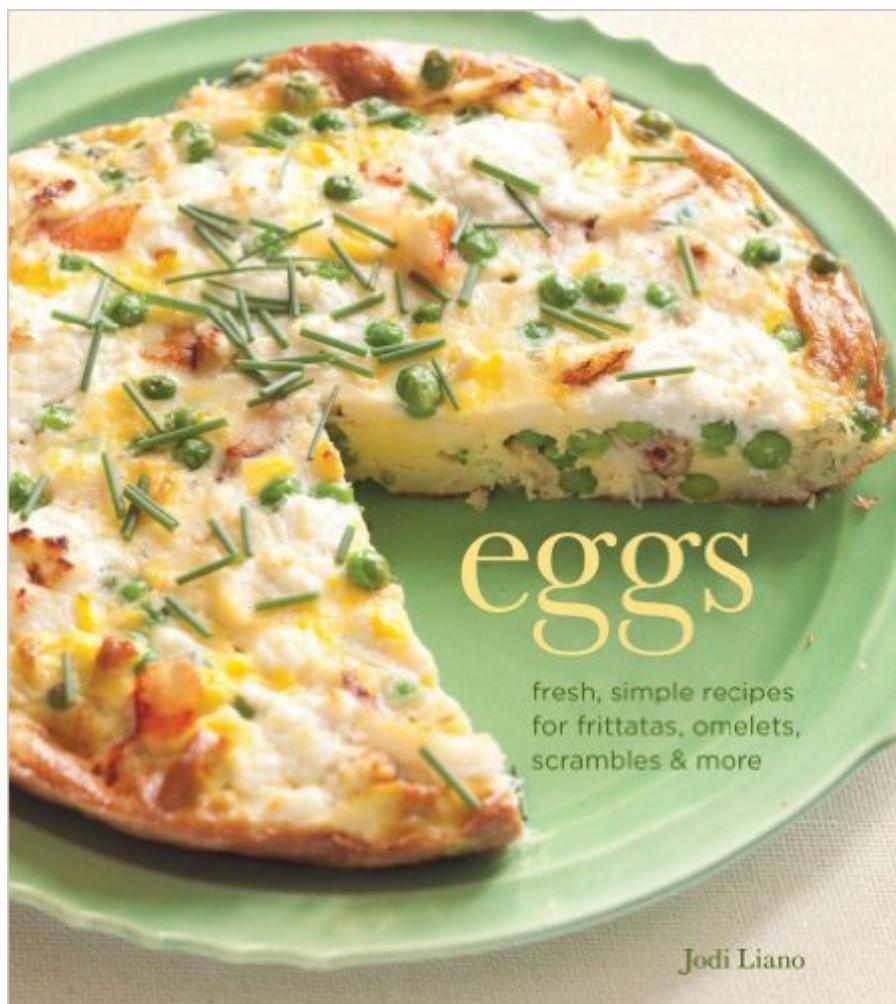


The book was found

Eggs: Fresh, Simple Recipes For Frittatas, Omelets, Scrambles & More



Synopsis

From sunny-side up to frittatas, eggs are the staple of American foods. These simple, no-fuss recipes feature fresh ingredients and vibrant flavors. In the last year at WS stores, this book has sold over 10,000 copies in one channel alone. Eggs includes over 40 delicious recipes for this multi-purpose ingredient. Also included are tips for buying and storing eggs, filling suggestions for scrambles and more, menu ideas, and step-by-step instructions for cooking. From fluffy omelets with herbs and savory egg and bacon panini to rich and creamy quiches and hearty breakfast burritos, eggs are one of the most respected and versatile ingredients around. They are also one of the healthiest foods you can eat, perfectly proportioned and packed with protein, vitamins, and minerals. These talented kitchen performers not only are the basis for quintessential breakfast and brunch dishes, they are fantastic for a light lunch or even as part of a hearty supper. Filled with luscious photographs and more than forty tempting recipes, the simple yet inspiring dishes found in this book include classic comforts like Toad in the Hole and Deviled Eggs as well as creative new ideas like Eggs Baked in Tomatoes and whimsical Eggs in Prosciutto Nests.

Book Information

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Customer Reviews

I like everything about this cookbook. I like eggs for any meal and the basics are included with instructions on how to choose fresh eggs and how to cook basic fried, scrambled, boiled, and poached eggs. The recipes include all kinds of scrambles, baked eggs and casseroles, quiches, frittatas, and specialty egg dishes like eggs benedict, deviled eggs, and egg salad. Since I am trying to stick to low-carb eating these days, many of the recipes appealed to me with the main ingredients being eggs and veggies, with meat added to some. I made the spinach, tomato, and feta cheese

frittata (kind of like a quiche without a crust) for lunch and loved it. There are lots of color photographs for inspiration, and the recipes are easy for cooks of any level with ingredients that can be found in most grocery stores. This is destined to become one of my favorite, most used cookbooks and is one I'd gladly give as a gift or recommend to friends. I received a copy of this book for review from the publisher but the opinion of it is my own and was not solicited, nor was a positive review required.

I love this cookbook. I have made several of the frittatas, and they are creative and wonderful. Have made other various recipes in here, too. My mom grew up on the farm (she is 94 now) and I have asked her what did they do for "fast food?" She said EGGS. Need I say more. Lovely, fresh, creative ways to prepare a QUICK breakfast, lunch, or light supper. Add some English Muffins and a bowl of fruit, and you have a lovely meal. I'm also partial to the Scan Pan non-stick skillets for my eggs. Paired, the book and pan would make a lovely birthday or wedding shower gift, too. This is a cookbook I will keep going back to.

I highly recommend this book which give the best various recipes you can get with eggs. The recipes are simple, well explained and delicious.

I enjoyed this cookbook...not for how to cook eggs I've been doing that forever... but I wanted inspiration. I love Frittatas but was going stale on the topic. Enjoyed the recipes for various scrambles, omelets, strata, frittatas, quiches...just needed some new pictures and ideas to get me going. Eggs make such a quick, economical and easy to proportion meal perfect whether cooking for 1 or 12 people.

I ordered this book because we have an abundance of eggs from our backyard chickens. The recipes range from quick, home cooking to gourmet. Highly recommended.

This is a pleasantly-pictured cookbook with nice recipes. It appears that I'm an old pro with eggs, so there wasn't anything in there that surprised me or that I hadn't tried before. They are good recipes, though.

I feel good preparing and eating eggs. I had run out of ideas though and this book gave me lots of really good and easy recipes for egg dishes. It has also given me important information on how to

cook omelettes and frittatas correctly. I have always loved them both but when they turned out like scrambled eggs and fillings, I didn't know why but of course, still ate them. Now, I have them turn out beautifully and taste great. I am using ingredients I would never have tried without these ideas, making my mind open to even more new things to try.

This is a very informative cookbook with lots of pictures and clearly explained recipes. Since I have chickens, I get lots of eggs, so I am sure I will use it a lot.

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